

Gluten Free Menu



UPSTAIRS AT
BOARDWALK
- BAR & RESTAURANT -

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GLUTEN FREE MENU

Starters

GARLIC BREAD 16
CRUSTY BREAD, GARLIC BUTTER

KING PRAWNS 30
BUTTERFLIED PRAWNS, GARLIC, FRESH
LEMON

PAN SEARED SCALLOPS 32
PERNOD CREAM SAUCE

SEAFOOD CHOWDER 28
MARKET FISH, CLAMS, PRAWNS,
MUSSELS, BACON, BREAD

OYSTERS
1/2 DOZ | 1 DOZ M/P
SEASONAL AVAILABILITY

NATURAL
BEER BATTERED
KILPATRICK

BLOODY MARY SHOOTERS
10 EACH

BEEF CHEEK 28
SLOW COOKED SAVANNAH BEEF CHEEK,
CAULIFLOWER PURÉE, ONION, RED WINE JUS

SALT & PEPPER SQUID 26
BLACK GARLIC AIOLI, SPRING ONION, RED
CHILLI, FRESH LEMON

TUNA TARTARE 32
TUNA, AVOCADO, SOY, JAPANESE MAYO,
FRESH LEMON

CAPRESE SALAD 27
BUFFALO MOZZARELLA, HEIRLOOM TOMATOES,
BASIL, AGED BALSAMIC, OLIVE OIL

Mains

Seafood

MARKET FISH M/P
CRUSHED NEW SEASON POTATOES,
SEASONAL GREENS,
CREAMED LEEK & CHIVE SAUCE

WHOLE SOLE M/P
DILL & CAPER BUTTER, ROAST POTATOES,
FRESH LEMON

FIORDLAND CRAYFISH M/P
GARLIC BUTTER, RUSTIC CHIPS

NZ GREEN LIPPED MUSSELS 40
GARLIC, WHITE WINE, CREAM, PARSLEY,
GF CRUSTY BREAD



SEAFOOD PLATTER
FOR TWO
170

PAN FRIED MARKET FISH
PAN SEARED SCALLOPS
KING PRAWNS
NATURAL OYSTERS
TUNA TARTARE
SALT & PEPPER SQUID
GREEN LIPPED MUSSELS
SERVED WITH GF BREAD

ADD CRAYFISH
M/P

Favourites

FISH & CHIPS 44
PAN FRIED BLUE COD, RUSTIC CHIPS, TARTARE
SAUCE, FRESH LEMON

LAMB RACK 52
LAMB RACK, GRILLED ROOT VEGETABLES,
BUTTERED MASH,
CENTRAL OTAGO PINOT NOIR JUS

DUCK CONFIT 48
CANTERBURY DUCK LEG, POTATO DAUPHI-
NOISE, BRAISED FIELD MUSHROOMS,
SPICED RED WINE JUS

FREE RANGE CHICKEN BREAST 42
HONEY & ROSEMARY POTATOES, SEASONAL
VEGETABLES, RHUBARB, CHARRED RED-
PEPPER SAUCE

Steaks

100% GRASS-FED NZ BEEF, SERVED WITH POTATO DAUPHINOISE, CRISPY ONIONS & YOUR CHOICE OF SAUCE
GARLIC BUTTER, CREAMY PEPPERCORN, MUSHROOM, RED WINE JUS

200G FILLET 52

250G SIRLOIN 46

300G RIB EYE 56



RUSTIC CHIPS 16

SIDE SALAD 16

SAUTÉED GREENS 18